

CB-BK WE1 2026: Session: 6: COACH evaluation sheet for TEAM: LGN

Coachinfo: Warming up from: 12:30 untill 13:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Jorissen Tim

Coaches: Gitsels Els HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 41: 200M MEDLEY WOMEN 13-14 **Heat:15, starttime: 15:16**

Heat: 15/20 Lane : 4 Athlete: VAN HOVE PAULINE					Q-time: 02:40:74
PB (50m pool): 02:41.15 Seraing 14/05/2026			PB (25m pool): 02:50.36 SB: 02:41.15 Seraing 14/05/2026		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:34.96	01:17.42	02:04.85	02:41.15	
	00:34.96	00:42.46	00:47.43	00:36.30	
					

Coach feedback:

Event number: 41: 200M MEDLEY WOMEN 13-14 **Heat:16, starttime: 15:19**

Heat: 16/20 Lane : 7 Athlete: STAS LORANE					Q-time: 02:40:17
PB (50m pool): 02:40.17 Seraing 14/05/2026			PB (25m pool): 02:52.54 SB: 02:40.17 Seraing 14/05/2026		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:36.50	01:16.05	02:05.97	02:40.17	
	00:36.50	00:39.55	00:49.92	00:34.20	
					

Coach feedback:

Event number: 43: 100M BREASTSTROKE WOMEN 11-12 **Heat:5, starttime: 15:55**

Heat: 5/19 Lane : 1 Athlete: HANSOUL CHARLOTTE					Q-time: 01:44:05
PB (50m pool): 01:53.51 Charleroi 11/05/2025			PB (25m pool): 01:58.90 SB: no time		
	5 0 M	1 0 0 M			
PB	00:55.30	01:53.51			
	00:55.30	00:58.21			
					

Coach feedback:

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Event number: 43: 100M BREASTSTROKE WOMEN 11-12			Heat:5, starttime: 15:55
Heat: 5/19 Lane : 4 Athlete: BOUVEROUX NINA			Q-time: 01:43:10
PB (50m pool): 01:55.53 Seraing 17/11/2024			PB (25m pool): 01:57.12 SB: no time
	5 0 M	1 0 0 M	
PB	00:56.66	01:55.53	
	00:56.66	00:58.87	
			

Coach feedback:

Event number: 43: 100M BREASTSTROKE WOMEN 11-12			Heat:10, starttime: 16:06
Heat: 10/19 Lane : 5 Athlete: MORENO NOÉLINE			Q-time: 01:37:74
PB (50m pool): 01:41.52 Antwerpen 20/07/2025			PB (25m pool): 01:51.09 SB: no time
	5 0 M	1 0 0 M	
PB	00:48.90	01:41.52	
	00:48.90	00:52.62	
			

Coach feedback:

Event number: 43: 100M BREASTSTROKE WOMEN 11-12			Heat:13, starttime: 16:12
Heat: 13/19 Lane : 2 Athlete: SCAGLIONE LOUISE			Q-time: 01:35:67
PB (50m pool): 01:44.66 Antwerpen 20/07/2025			PB (25m pool): 01:43.62 SB: no time
	5 0 M	1 0 0 M	
PB	00:49.68	01:44.66	
	00:49.68	00:54.98	
			

Coach feedback:

Event number: 43: 100M BREASTSTROKE WOMEN 11-12			Heat:15, starttime: 16:16
Heat: 15/19 Lane : 1 Athlete: PONCELET NIENE			Q-time: 01:32:82
PB (50m pool): 01:40.39 Antwerpen 20/07/2025			PB (25m pool): 01:50.15 SB: no time
	5 0 M	1 0 0 M	
PB	00:48.45	01:40.39	
	00:48.45	00:51.94	
			

Coach feedback:

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Event number: 44: 100M BREASTSTROKE MEN 11-12			Heat:5, starttime: 16:36
Heat: 5/11 Lane : 5 Athlete: MISCORIA-BAGANELLA GABRIEL			Q-time: 01:37:35
PB (50m pool): 01:38.98 La Louvière 08/02/2026			PB (25m pool): no time SB: 01:38.98 La Louvière 08/02/2026
	5 0 M	1 0 0 M	
PB	00:46.97	01:38.98	
	00:46.97	00:52.01	
			

Coach feedback:

Event number: 44: 100M BREASTSTROKE MEN 11-12			Heat:6, starttime: 16:38
Heat: 6/11 Lane : 4 Athlete: SCHROYEN BENJAMIN			Q-time: 01:36:38
PB (50m pool): 01:36.38 Seraing 22/03/2026			PB (25m pool): 01:51.17 SB: 01:36.38 Seraing 22/03/2026
	5 0 M	1 0 0 M	
PB	00:47.17	01:36.38	
	00:47.17	00:49.21	
			

Coach feedback:

Event number: 45: 100M FREESTYLE WOMEN 13-14			Heat:11, starttime: 17:07
Heat: 11/16 Lane : 4 Athlete: STAS LORANE			Q-time: 01:04:65
PB (50m pool): 01:06.18 La Louvière 08/02/2026			PB (25m pool): 01:10.32 SB: 01:06.18 La Louvière 08/02/2026
	5 0 M	1 0 0 M	
PB	00:31.95	01:06.18	
	00:31.95	00:34.23	
			

Coach feedback:

Event number: 45: 100M FREESTYLE WOMEN 13-14			Heat:14, starttime: 17:11
Heat: 14/16 Lane : 1 Athlete: VAN HOVE PAULINE			Q-time: 01:03:69
PB (50m pool): 01:05.53 La Louvière 08/02/2026			PB (25m pool): 01:09.72 SB: 01:05.53 La Louvière 08/02/2026
	5 0 M	1 0 0 M	
PB	00:31.95	01:05.53	
	00:31.95	00:33.58	
			

Coach feedback:

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Event number: 46: 4x100M MEDLEY WOMEN 11-12							Heat:2, starttime: 17:43	
Heat: 2/2 Lane : 6 Athlete: TEAM LGN 5							Q-time: 05:20:28	
PB (50m pool):			PB (25m pool):			SB:		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB								
								

Coach feedback:

Event number: 47: 4x100M FREESTYLE MEN 13-14							Heat:2, starttime: 17:55	
Heat: 2/2 Lane : 2 Athlete: TEAM LGN 6							Q-time: 04:12:98	
PB (50m pool):			PB (25m pool):			SB:		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB								
								

Coach feedback: